



# MN Amateur Sports - Reconnect

November 5, 2020



## State Entities

- Minnesota Amateur Sports Commission
- Minnesota State High School League
- MN Department of Health
- MN Department of Education
- MN Information & Technology
- MN Assoc. of School Administrators

## USOPC Affiliates

- Special Olympics MN
- MN Youth Athletic Services (MYAS)
- MN Youth Soccer
- MN Softball
- Minnesota Swimming
- Minnesota Hockey
- USTA Northern
- MN Ultimate
- City of Skate
- Twin Cities Soccer League
- MN USA Wrestling
- MN Weightlifting
- MN Youth Ski League
- USA Volleyball
- USA Track & Field

- Minnesota Twins
- MN Cycling
- MNUFC

## Local Groups, Associations, Leagues, & Facilities

- MIAMA
- YMCA North
- Autism Society of Minnesota
- National Sports Center
- Norden Strategies
- St. Paul Figure Skating Club
- Metro Baseball League
- AKA Sports
- ISD 196
- North Shore Gymnastics
- MPRB

- St. Paul Parks & Rec
- Kokoro Volleyball
- Homegrown Lacrosse
- Minnesota Recreation and Park Association
- North High School
- City of Mankato
- League of Minnesota Cities
- Club 43 Volleyball/Basketball
- St. Paul Public Schools

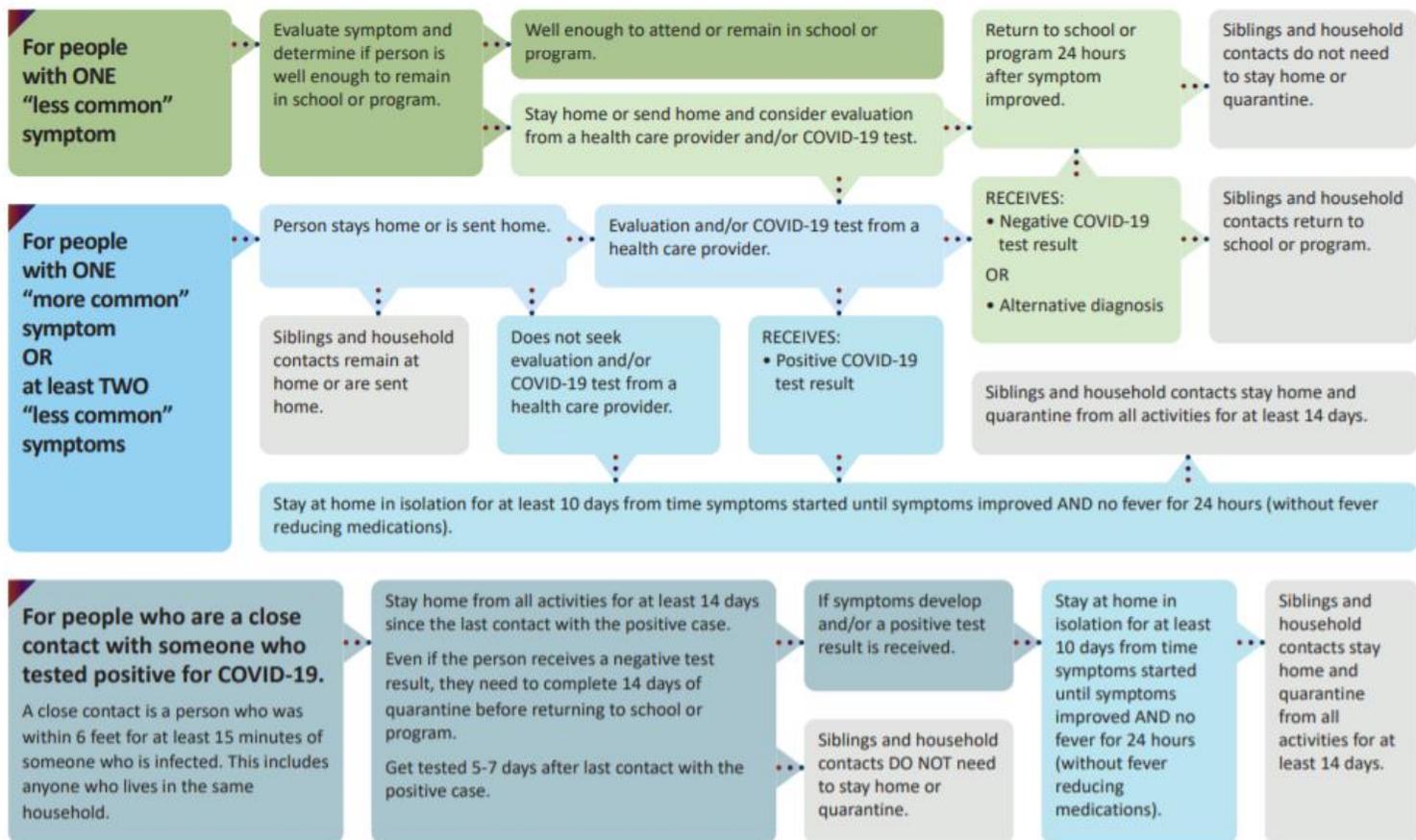
1. Welcome
2. Message from Commissioner Tomes
3. Message from the Minnesota Amateur Sports Commission
4. Youth sports and Community Education facilities
5. MDH Decision Tree - What to do if I have a case on my team?  
What to do about an exposure?
6. MN Statutes that require reporting COVID cases
7. CDC recommendation on household exposures
8. Statewide Snapshot (COVID rates by region)
9. Discussion – How we can get better buy-in/broader reach on our guidelines and policies?

# Message from Commissioner Tomes

## COVID-19 Decision Tree for People in Schools, Youth, and Child Care Programs

Follow the appropriate path if a child, student, or staff person is experiencing the following symptoms consistent with COVID-19:

- **More common:** fever greater than or equal to 100.4°F, new onset and/or worsening cough, difficulty breathing, new loss of taste or smell.
- **Less common:** sore throat, nausea, vomiting, diarrhea, chills, muscle pain, excessive fatigue, new onset of severe headache, new onset of nasal congestion or runny nose.



# Why 14 Days?

- Kris Ehresmann, the health department's director of infectious disease epidemiology, said, "The point of the test is to identify positives quickly. But the incubation period for COVID is 14 days. If you test negative at two to three days, there are 11 to 12 days left in the incubation period in which you could develop illness. That is why a negative test doesn't release you from quarantine."
- Schultz added that "close contact" of 15 minutes within 6 feet also is standard for gauging COVID exposure. He added that "determining the amount of contact is difficult" in fast-moving sports situations where player interaction and activity level (including breathing) might vary.
- **For sports, the MDH recommendation is that if an individual with a lab-confirmed positive participates in a practice while infectious (48 hours prior to becoming symptomatic) the whole team should be treated as "exposed" and self-isolate for 14 days from last contact.**

- The communicable disease requires reporting under Minnesota Statutes allows requires “other persons” to report under Minnesota Rules, Chapter 4605.7070. It specifically says:

## **4605.7070 OTHER REPORTS.**

- It shall be the duty of any person in charge of any institution, school, childcare facility or camp, or any other person having knowledge of any disease which may threaten the public health, to report immediately the name and address of any person or deceased person suspected of having the disease to the commissioner.

## **NEW DISEASES AND SYNDROMES; REPORTING AND SUBMISSIONS.**

### **Subpart 1.**

#### **Disease selection.**

The commissioner shall, by public notice, require reporting of newly recognized or emerging diseases and syndromes suspected to be of infectious origin or previously controlled or eradicated infectious diseases if:

- A.**  
the disease or syndrome can cause serious morbidity or mortality; and
- B.**  
report of the disease or syndrome is necessary to monitor, prevent, or control the disease or syndrome to protect public health.

If the association has questions, they should speak with their attorney.

- **People who have been in [close contact](#) with someone who has COVID-19—excluding people who have had COVID-19 within the past 3 months.**
- People who have tested positive for COVID-19 do not need to quarantine or get tested again for up to 3 months as long as they do not develop symptoms again. People who develop symptoms again within 3 months of their first bout of COVID-19 may need to be tested again if there is no other cause identified for their symptoms.
- **What counts as [close contact](#)?**
- You were within 6 feet of someone who has COVID-19 for a total of 15 minutes or more
- You provided care at home to someone who is sick with COVID-19
- You had direct physical contact with the person (hugged or kissed them)
- You shared eating or drinking utensils
- They sneezed, coughed, or somehow got respiratory droplets on you

## **When to start and end quarantine when exposed to a lab-confirmed case of COVID-19**

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>

**Scenario 1:** Close contact with someone who has COVID-19—will not have further close contact

Your last day of quarantine is 14 days from the date you LAST had [close contact](#).

**Scenario 2:** Close contact with someone who has COVID-19—live with the person but can avoid further close contact

Your last day of quarantine is 14 days from when the person with COVID-19 began home isolation

### **Scenario 3. Under quarantine and had additional close contact with someone who has COVID-19**

You will have to restart your quarantine from the last day you had [close contact](#) with anyone in your house who has COVID-19. **Any time a new household member gets sick with COVID-19 and you had [close contact](#), you will need to restart your quarantine.**

Date of additional [close contact](#) with person who has COVID-19 + 14 days = end of quarantine

### **Scenario 4: Live with someone who has COVID-19 and cannot avoid continued close contact**

You should avoid contact with others outside the home while the person is sick, and quarantine for 14 days after the person who has COVID-19 meets the [criteria to end home isolation](#).

Date the person with COVID-19 ends home isolation + 14 days = end of quarantine

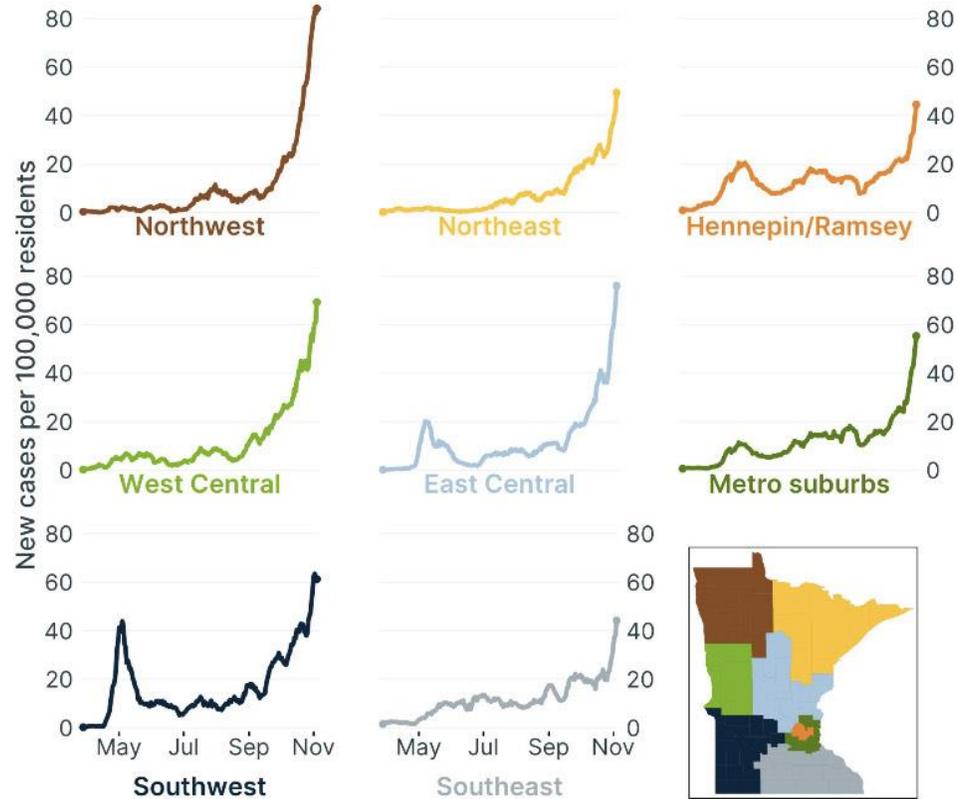
**Visit CDC website for calendar visualization of each scenario -**

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>

# Cases are on the Rise Across in all Regions

## New MN COVID-19 cases per capita by region

Based solely on cases confirmed by the MN Department of Health.  
Line represents average of seven prior days of data.



Source: Minnesota Department of Health. Graphic by David H. Montgomery | MPR News

**Quarantine inconsistencies** – We have had some questions come in about inconsistencies in different areas of the state of quarantine recommendations from the Department of Health, or local county health departments. As an example, some teams wondering why they have to quarantine after playing an opponent who tested positive, and then in other areas of the state, that was not required.

- We're aware of the various quarantine inconsistencies. There is no overall quarantine authority that weighs in on every situation which is what makes this challenging. Sometimes clubs might get quarantine recommendations from us, some might get it from their local public health, some may decide on their own without consulting with public health. And to further complicate things, exposures can be interpreted in different ways, or facts may change about an exposure, leading to different quarantine guidance.

**Mask refusal** – How are facilities or organizations handling those who refuse to wear a mask? Some cite allergies or medical conditions for their reason not to be able to wear one. Can a doctor's note be required?

- When we've asked our MDH attorneys about this issue, they tell us that there are some suggestions in the face covering executive order, and to refer people to the executive order, and a rink or club should also consult with their attorney for legal interpretation of the executive order

## **11/5/2020 Snapshot**

### **Rampant spread**

- 3,956 cases – new high number; 25 deaths
- Third consecutive day of record new cases
- 900+ people are hospitalized
- 200+ are in the ICU
- We're at 98% ICU capacity in the metro

## COVID-19 Sports-Related Cases

### Case and Outbreak Summary, Cumulative since June 1, 2020

<ul style="list-style-type: none"> <li>Confirmed COVID-19 Cases with Sports Activities Listed</li> </ul>	Total cases, specimen collection dates from June 1 – Oct 24	<b>4781 (+728)<sup>a</sup></b>
<ul style="list-style-type: none"> <li>Residence at time of reporting</li> </ul>	<ul style="list-style-type: none"> <li>Metro:</li> <li>Greater MN:</li> </ul>	2487 2294
<ul style="list-style-type: none"> <li>Gender</li> </ul>	<ul style="list-style-type: none"> <li>Female:</li> <li>Male:</li> <li>Unknown:</li> </ul>	2016 2746 19
<ul style="list-style-type: none"> <li>Age</li> </ul>	<ul style="list-style-type: none"> <li>Median</li> <li>Range               <ul style="list-style-type: none"> <li>0-4 years</li> <li>5-10 years (approx. <u>grds K-5</u>)</li> <li>11-13 years (approx. <u>grds 6-8</u>)</li> <li>14-18 years (approx. <u>grds 9-12</u>)<sup>b</sup> <ul style="list-style-type: none"> <li>1064 cases since August 1<sup>st</sup></li> </ul> </li> <li>19-24 years</li> <li>25-34 years</li> <li>35-44 years</li> <li>45-54 years</li> <li>55-64 years</li> <li>65+ years</li> </ul> </li> </ul>	22 years 1 – 95 years 34 282 361 1217 630 455 676 571 312 243
<ul style="list-style-type: none"> <li>Symptoms present or not for these cases:</li> </ul>	<ul style="list-style-type: none"> <li>Symptomatic:</li> <li>Asymptomatic:</li> <li>Unknown:</li> </ul>	4085 639 57

### Suspected and Confirmed Sports Outbreaks Identified through week ending October 24, 2020

Sport	Elementary School Based	Middle School Based	High School Based	Adult	Mixed ages & settings	Total
Baseball	0	1	1	3	0	5
<b>Basketball</b>	<b>0</b>	<b>0</b>	<b>12 (+1)</b>	<b>2 (+3)</b>	<b>0</b>	<b>18</b>
Cheer	0	0	1	0	0	1
Cross Country	0	0	2	1	0	3
Dance	1	0	3	1	1	6
<b>Football</b>	<b>0</b>	<b>2</b>	<b>8 (+6)</b>	<b>7</b>	<b>0</b>	<b>23</b>
Golf	0	0	0	+3	0	3
Gymnastics	0	1	0	0	0	1
<b>Hockey</b>	<b>0</b>	<b>0</b>	<b>8 (+4)</b>	<b>5</b>	<b>1 (+4)</b>	<b>26</b>
Lacrosse	0	0	1	0	0	1
Multiple	0	0	1	0	0	1
<b>Soccer</b>	<b>0</b>	<b>0</b>	<b>9</b>	<b>2 (+1)</b>	<b>0</b>	<b>12</b>
Swimming	0	0	0	1	0	1
Tennis	0	0	1	0	0	1
Track & Field	0	0	0	1	0	1
<b>Volleyball</b>	<b>0</b>	<b>+1</b>	<b>11 (+7)</b>	<b>1</b>	<b>0</b>	<b>20</b>
Weight Training	0	0	3	0	0	3
Wrestling	0	0	0	2	0	2

# Questions, Comments, Discussion